Build Your Own

Start with one of these:

Burrito~\$6.00 A warm flour tortilla stuffed with rice, beans, cheese, sour cream and Traditional Tomato salsa. Served with yellow corn tortilla chips on the side.

Quesadilla~\$6.00 A grilled 10" flour tortilla filled with melted cheese. Served with rice, beans, and sour cream on the side.

Big Ol' Bowl~\$6.00 Your choice of beans or veggie chili served over a bed of rice and topped with cheese. Served with a side of sour cream.

Salad~\$6.00 Your choice of a bed of Iceberg & Romaine lettuce mix or Mixed Field Greens topped with diced tomatoes, carrots, cucumbers, and jack & cheddar cheese. Your choice of dressing on the side.

Nachos~\$5.50 Yellow corn tortilla chips topped with melted Jack & Cheddar.

Then add one of these: Grilled Fillings-\$2.50 each

Chicken, Jerk chicken, Fajita Steak, Seasoned Ground Beef, Shredded Cuban Pork, Chorizo, Shrimp, Cajun Flounder, Tofu, Jerk Tofu, Portobellos.

Fried Fillings~\$3.00 each

Fried Shrimp, Fried Chicken, Fried Tofu, or Fried Avocado Slices (all can be served Regular or Buffalo style).

and maybe a couple of these... "Goodies"~95 cents each

Bacon, Banana Peppers, Broccoli, Carrots, Chipotle Peppers, Corn, Cucumbers, Green Peppers & Onions, Roasted Garlic, Guacamole, Jalapeños (fresh or pickled) Lettuce, Mild Green Chilies, Roasted Red Peppers, Mushrooms, Pineapple, Red Onions, Spinach, Diced Tomatoes, Feta, Black Olives, Extra Sour Cream, Extra Cheese, Daiya Vegan Cheddar Shreds (\$1.25 for Nachos).

or DOUBLEWIDE IT! and get 50 cents off add: One Grilled Filling and Two "Goodles" or One Fried

Filling and One "Goodie" **or** Two Grilled Fillings **or** Four "Goodies".

Sweets 'n' Desserts

Bananas Elvis~\$6.50 A banana, peanut butter and chocolate chips rolled in a flour tortilla then deep fried 'til crispy. Served with vanilla Ice Cream, chocolate syrup, and honey.

Root Beer Float~\$4.50 With IBC bottled root beer.

Ask about fresh, locally baked desserts from Sweets Bakery & Confectionary!

Beverages

Soft Drinks & Iced Tea-\$1.99 - Free refills!

Pepsi, Diet Pepsi, Dr. Pepper, Mountain Dew, Sierra Mist, Pink Lemonade.

IBC Root Beer & FAB bottled water \$1.99 each.

Please Also Visit...

Flaming Amys Burrito Barn

4002 Oleander Dr. Wilmington, NC (910) 799-2919

www.flamingamysburritobarn.com



(Build your own, all you can eat stir fry)

Flaming Amy's Bowl

4418 Shipyard Blvd. Wilmington, NC (910) 399-7288

Flaming Amy's Bowl

3224-A North College Rd. Wilmington, NC (910) 769-9249

www.flamingamysbowl.com

PLEASE SUPPORT YOUR LOCALLY OWNED & OPERATED SMALL BUSINESSES!



Hot, Fast, Cheap & Easy!

140-A North Lake Park Blvd. Carolina Beach, NC (910) 458-2563

Open seven days a week
11 am~10 pm
Almost everyday of the year!

Daily food and drink specials.

Call ahead for carry out!

A children's menu and limited catering menu are also available.

www.flamingamysburritobarn.com

Chips, Dips 'n' Starters

Chips 'n' Salsa To Go 8 oz salsa with chips \$4 / 16 oz salsa with chips \$6 Traditional Tomato, Black Bean & Corn, Flaming Hot, Asian Cucumber, Wasabi Avocado, Green Tomatillo, Chipotle Tomatillo, Ginger Peach, & Pineapple Jalapeño.

Chips 'n' Queso Dip~ 30z \$2.25/80z \$5.25

Chips 'n' Spicy Black Bean Queso Dip~\$5.50

Chips 'n' New Improved Guacamole!~\$5.50 We went back to basics and stripped our guac down for a cleaner, fresher taste. Just avocado, kosher salt, lime juice, diced red onions and fresh cilantro!

Nacho Platters

Make it a Totcho by substituting tater tots for chips-\$1.00

Nacho Daddy~\$8.50 Yellow corn tortilla chips topped with melted Jack & Cheddar, sliced pickled jalapeños, veggie chili OR beans, shredded lettuce, Traditional Tomato salsa, and a side of sour cream.

Nacho Carnivore~\$8.50 Yellow corn tortilla chips topped with melted Jack & Cheddar, seasoned ground beef, red onions, diced tomatoes, and a side of sour cream.

Cuban Pork Nachos~\$9.50 Yellow corn tortilla chips topped with melted Jack & Cheddar, pulled Cuban pork, roasted red peppers, mild green chiles and banana peppers.

Thai Nachos~\$9.50 Yellow corn tortilla chips topped with melted Jack & Cheddar, diced red onions, roasted red peppers, shredded carrots, your choice of Grilled Chicken or Tofu, and our spicy Thai Peanut sauce.

BBQ Chicken Nachos~\$9.50 Yellow corn tortilla chips topped with melted Jack & Cheddar, red onions, diced tomatoes, bacon, Grilled Chicken, and our spicy Chipotle BBQ sauce.

Half portions of all Nacho Platters are available for \$6.00!

Specialty Burritos \$9.00 each

Flaming Amy~THE HOTTEST THING ON THE MENU!! Chipotle peppers, fresh jalapeños, mild green chiles, lettuce, cheese, sour cream, rice, beans, Flaming Hot salsa, and your choice of Grilled Filling.

Fajitarito~Grilled green peppers & onions, lettuce, tomato, cheese, guacamole, sour cream, and your choice of Grilled Filling.

Chipotle BBQ~Grilled green peppers & onions, shredded carrots, cheese, rice, beans, our spicy Chipotle BBQ sauce, and choice of Grilled Filling.

Big Jerk-Roasted red peppers, cheese, rice, beans, sour cream, Pineapple Jalapeño salsa, and choice of Jamaican Jerk chicken or tofu.

Thai Mee Up~Roasted red peppers, red onions, shredded carrots, rice, beans, cheese, Thai Peanut sauce, and your choice of Grilled Filling.

Wok on the Beach~Roasted red peppers, shredded carrots, broccoli, mushrooms, rice, beans, cheese, Teriyaki sauce, and your choice of Grilled Filling.

Philly Phatboy~Grilled steak, green peppers & onions, mushrooms, lettuce, diced tomato, sour cream, and cheese.

Tree Hugger~Spinach, shredded carrots, rice, beans, cheese, lettuce, Traditional Tomato salsa, and grilled tofu.

Pouble Bypass~Lettuce, diced tomato, double cheese, double sour cream, and double seasoned ground beef.

Baywatch~Grilled Flounder, shrimp, lettuce, diced tomato, cheese, and our Hasslehoff Jalapeño Tartar sauce.

Bacon Pouble Cheese Burgerito~Lettuce, diced tomato, red onions, double cheese, bacon, seasoned ground beef, and our Super Secret Special sauce.

Big Fat Greek~Black olives, banana peppers, diced tomatoes, spinach, feta cheese, red onions, lettuce, your choice of grilled filling, and our Balsamic dressing.

Fried Chicken (or Tofu)~Lettuce, diced tomato, red onion, cheese, regular or Buffalo Style Fried Chicken or Fried Tofu and choice of dressing.

Poboy~Regular or Buffalo Style Fried Shrimp or Fried Tofu, cheese, and your choice of lettuce & tomato with Jalapeño Tartar sauce or spicy Sriracha Slaw.

Shrimp Makirito~Cucumbers, carrots, spinach, rice, fried shrimp tossed in Teriyaki sauce, and our Wasabi Avocado salsa.

Avocado Ranch Club~Lettuce, diced tomato, cheese, grilled chicken, bacon, and Avocado Ranch dressing.

The Notorious P.I.G.~ Bacon, chorizo and shredded Cuban pork with cheese, Chipotle BBQ sauce, and our spicy Sriracha Slaw.

Fried Avocado Burrito~Battered and fried avocado slices, watermelon radish pico de gallo, shredded lettuce, cheese, and our avocado ranch dressing. May be served regular or Buffalo style.

Tacos

Avotacos~**\$8.50** 2 Soft flour tortillas topped with a bed of mixed field greens, battered fried avocado slices, and our watermelon radish pico de gallo.

A La Carte Tacos:

Tacos Gringo-\$3 each Warm, soft flour tortillas topped with your favorite grilled fillin', shredded lettuce, Jack & Cheddar cheese, and diced tomatoes, *OR*

Tacos Mexicana~\$3 each Warm, soft corn tortillas topped with your favorite grilled fillin', diced yellow onions, and fresh cilantro. Served with a wedge of lime.

*Add a side of beans, rice and sour cream to your tacos for \$2.75

Salads \$8.50 each

All salads come with your choice of an Iceberg & Romaine mixture or Mixed Field Greens.

Fried Avocado Salad~Your choice of greens, topped with battered and fried avocado slices, watermelon radish pico de gallo, and crispy tortilla strips. Your choice of dressing served on the side.

Taco Salad~A crispy flour tortilla shell filled with lettuce, veggie chili, a Grilled Filling, pickled jalapeños, diced tomato, cheese and choice of dressing on the side.

Crunchy Fried Salad~Lettuce, diced tomato, red onions, cukes, carrots and fried shrimp, fried chicken or fried tofu. Then topped with cheese and tri-colored tortilla strips. Choice of dressing served on the side.

Thai Peanut Salad~Lettuce, roasted red peppers, red onions, carrots, jack & cheddar cheese, and your choice of Grilled Filling topped with tri-colored tortilla strips. Thai Peanut sauce on the side.

Big Fat Greek Salad~Lettuce, black olives, banana peppers, diced tomatoes, red onions, and your choice of Grilled Filling topped with crumbled feta cheese. Greek Balsamic dressing on the side.

Jamaican Jerk Salad~Lettuce, roasted red peppers, dried banana chips, grilled pineapple, and your choice of Jerk Chicken or Jerk Tofu, topped with jack & cheddar cheese. Pineapple Jalapeño salsa on the side.

Dressings: Balsamic Vinaigrette, Chipotle Honey Mustard, Avocado Ranch, Southwest Ranch.